



# Milk Bioactive Peptides

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# Milk has evolved over more than 250 million years



- Each compound must benefit the infant
- Milk evolved to a complete nourishment system for suckling neonates: both basic nutrients and bioactives

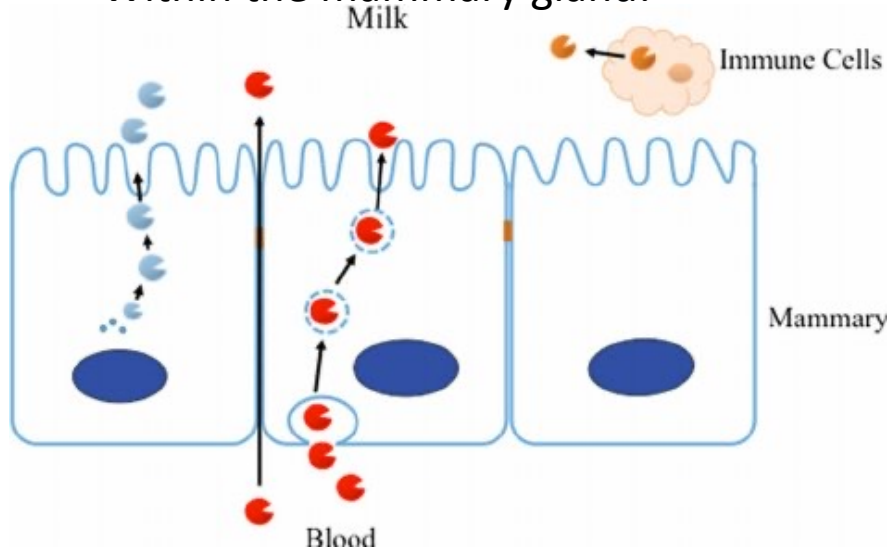


Human milk's hundreds of unique proteins have bioactivity

- Need to reach site of action in the body intact to exert function

# Milk proteins can be digested to peptides

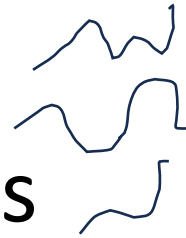
Within the mammary gland:



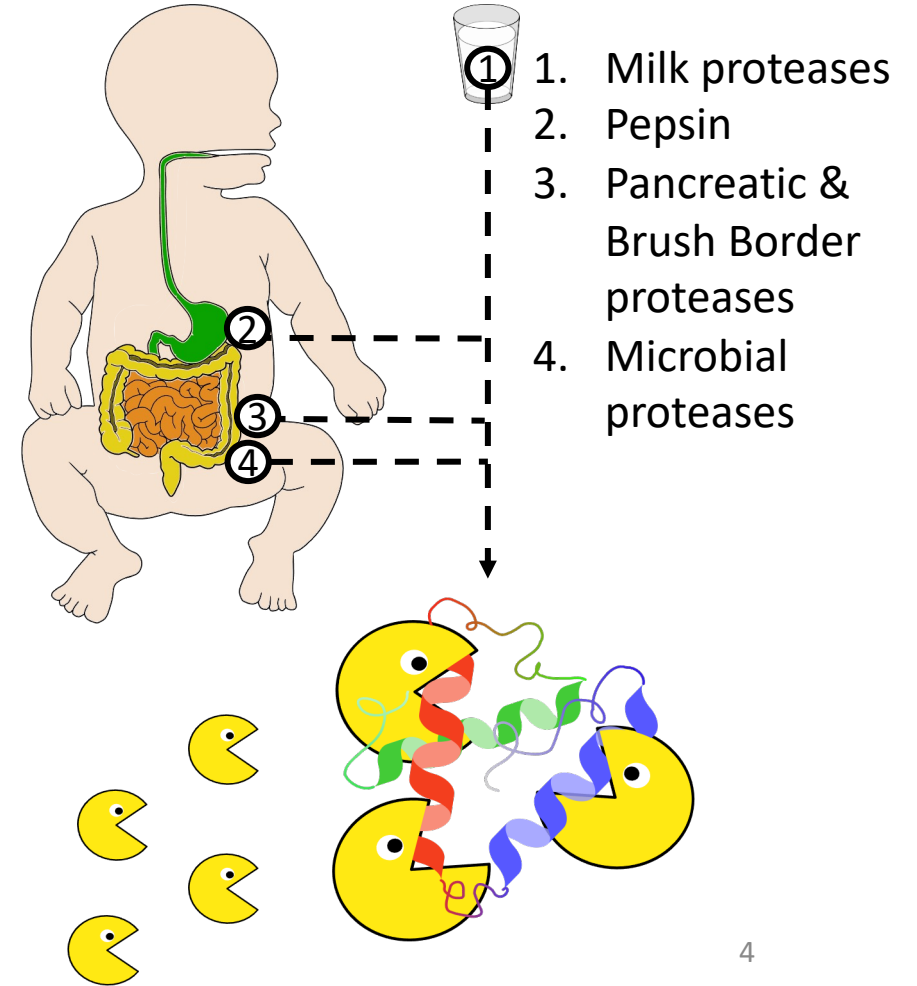
Intact Milk Proteins



Peptides



Across digestion:



During fermentation:



# Hundreds of bioactive milk peptides have been discovered

[Milk Bioactive Peptide Database](#)

MBPDB Search

MBPDB multiple search

MBPDB add single entry

MBPDB add multiple entries

MBPDB add proteins

MBPDB help

Contact Us

[Dallas Lab Peptide Tools](#)

Remove Domains

Auto Skyline output enhancement

Homology Search

PepEx

Data by: Søren Drud Nielsen, Robert L. Beverly, Yunyao Qu, David C. Dallas ([www.dallaslab.org](http://www.dallaslab.org))

Web development by: Nikhil Joshi & Adam Schaal (UC Davis Bioinformatics Core), Søren Drud Nielsen

The database is SQLite 3.7.17 on a CentOS 7.1.1503 server. The front-end of the site was developed using HTML, Python 2.7.5 and Django 1.9.7 and is served by Apache 2.4.6. The back-end scripts were written in PERL and Python and use Blast+ 2.5.0.

[admin](#)

## Milk Bioactive Peptide Database MBPDB Search

If you are using this database please cite:  
Nielsen, Søren Drud, Robert L. Beverly, Yunyao Qu, and David C. Dallas. 2017. "Milk Bioactive Peptide Database: A Comprehensive Database of Milk Protein-Derived Bioactive Peptides and Novel Visualization." *Food Chemistry* 232 (October). Elsevier: 673–82.

### Latest Peptides Added to Database

Time Approved	Peptide	Protein ID	Functions
May 23, 2018, 3:25 a.m.	ILDKEGIDY	P00710	DPP-IV Inhibitory
May 23, 2018, 3:25 a.m.	ILELA	O97943	DPP-IV Inhibitory
May 23, 2018, 3:25 a.m.	LLQLEAIR	O97943	DPP-IV Inhibitory

### Search Milk Bioactive Peptide database

#### Single Peptide Sequence

If sequence is empty (and no file is chosen below), then it will search all sequences and search options will be ignored.

#### OR file with multiple peptides (Example):

No file chosen

A simple text file with one column of peptides.

Search type:  Sequence  Truncated  Precursor [?](#)

Similarity threshold:  [?](#) Scoring matrix:  [?](#)

Get extra output? [?](#)

#### Protein ID

If protein ID is empty, then it will search all protein IDs.

#### Function (choose from dropdown or type in your own)

If function is empty, then it will search all functions.

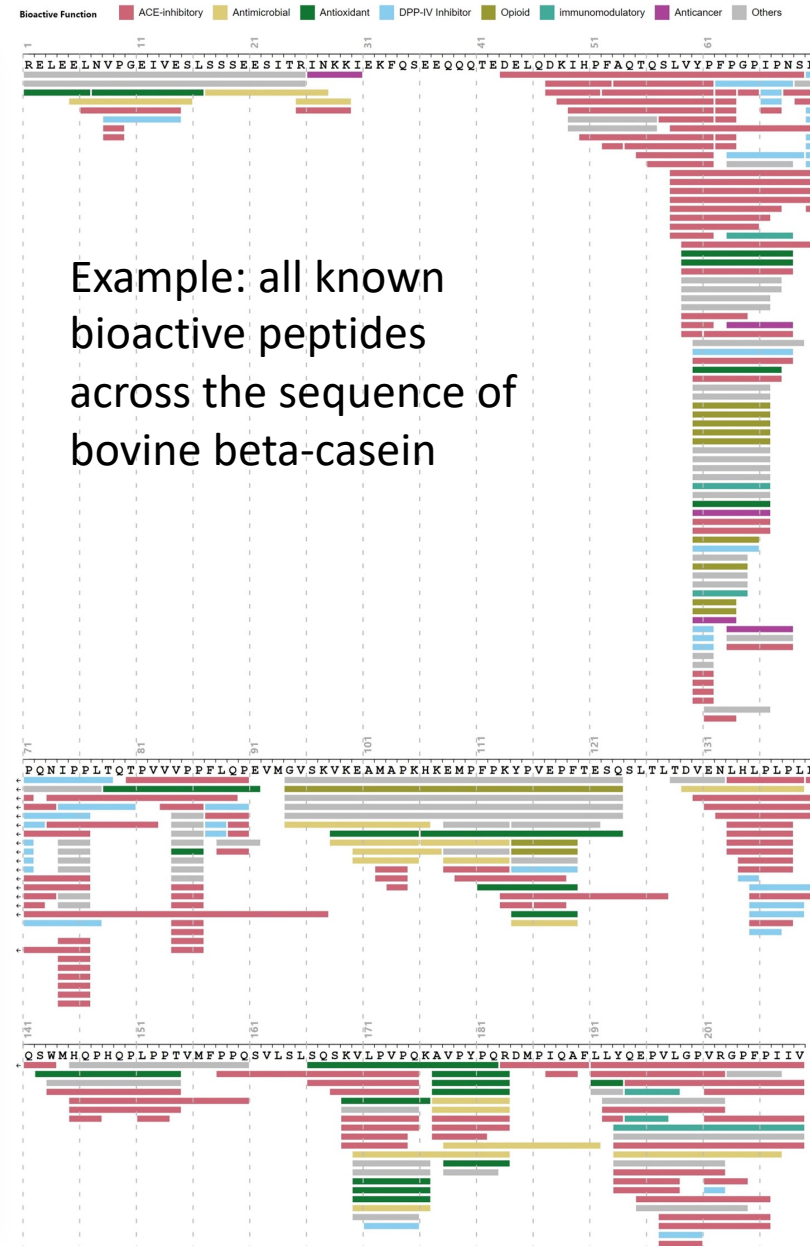
#### Species (choose from dropdown or type in your own)

If species is empty, then it will search all species.

#### Category

If category is empty, then it will search all categories.

Download results (Tab-separated values file)



# Milk peptides have many different functions



Blood pressure control



Antimicrobial



Anti-oxidant



Glucose control



Immune defense



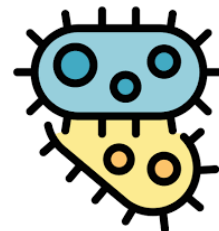
Opioid (regulating gut function)



Anti-cancer



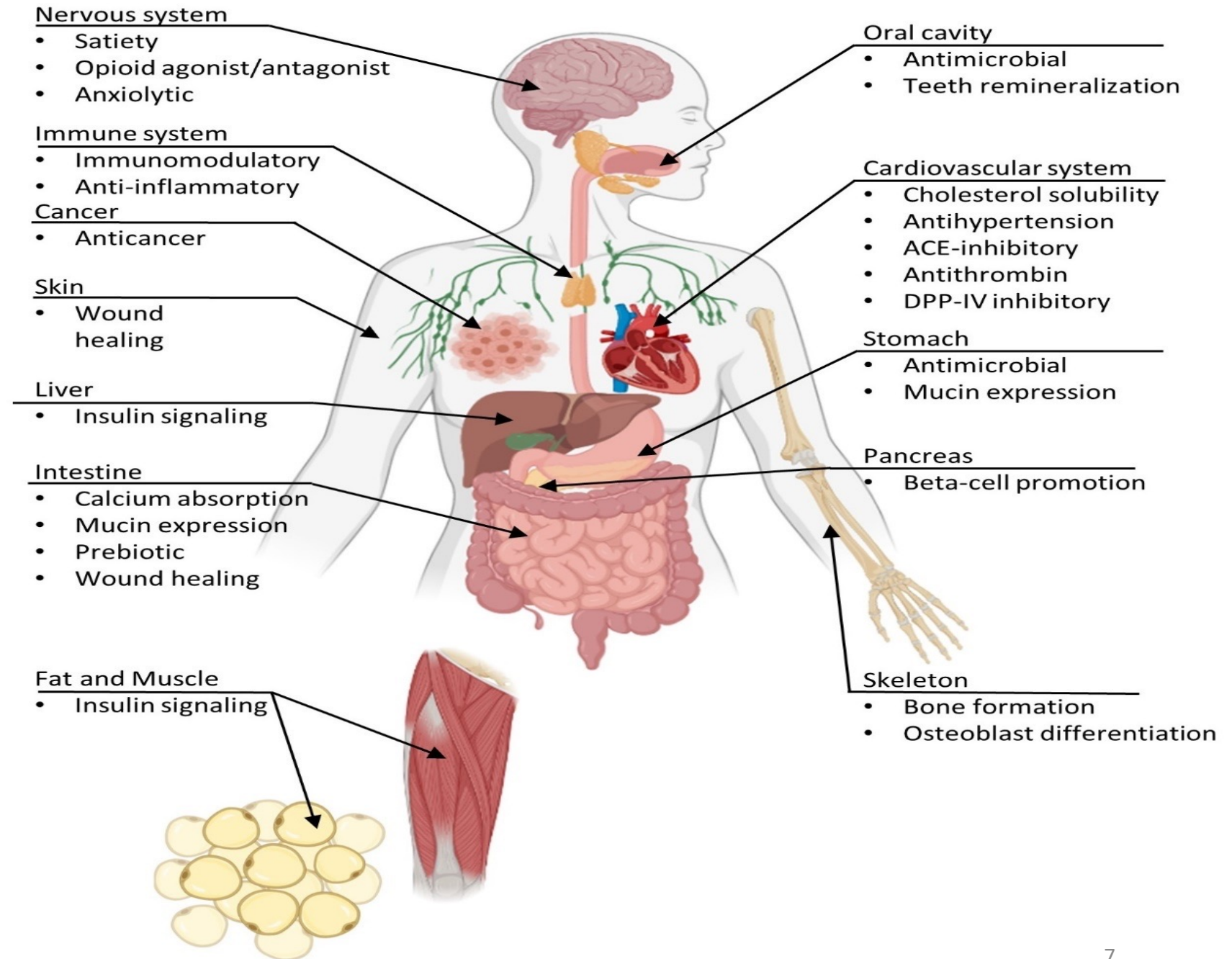
Calcium absorption



Prebiotic

# Milk peptides could affect many parts of the body

- Milk peptide function depends on whether each can reach sites of action in the body
  - E.g., blood pressure-regulating peptides would need to reach the bloodstream





# Blood pressure control peptides (angiotensin-converting enzyme (ACE) inhibitors)

Mechanism of action:



High blood pressure common, increases risk of cardiovascular disease



355 milk peptides known to inhibit angiotensin-converting enzyme (ACE)



Some milk peptides can lower blood pressure in rodents

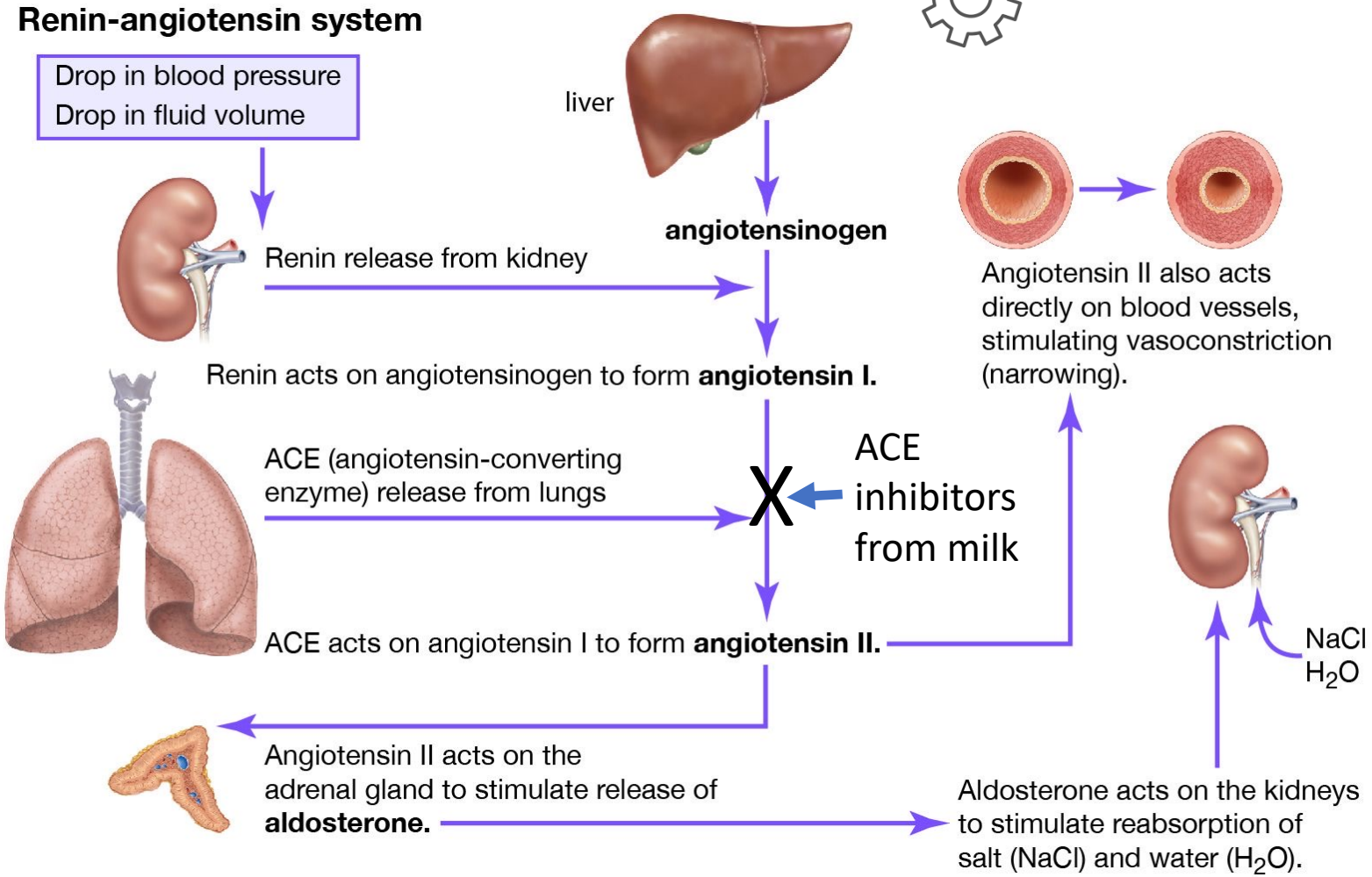


Some milk peptides can lower blood pressure in humans

- E.g., Isoleucine-proline-proline (IPP) and valine-proline-proline (VPP) from casein

## Renin-angiotensin system

Drop in blood pressure  
Drop in fluid volume

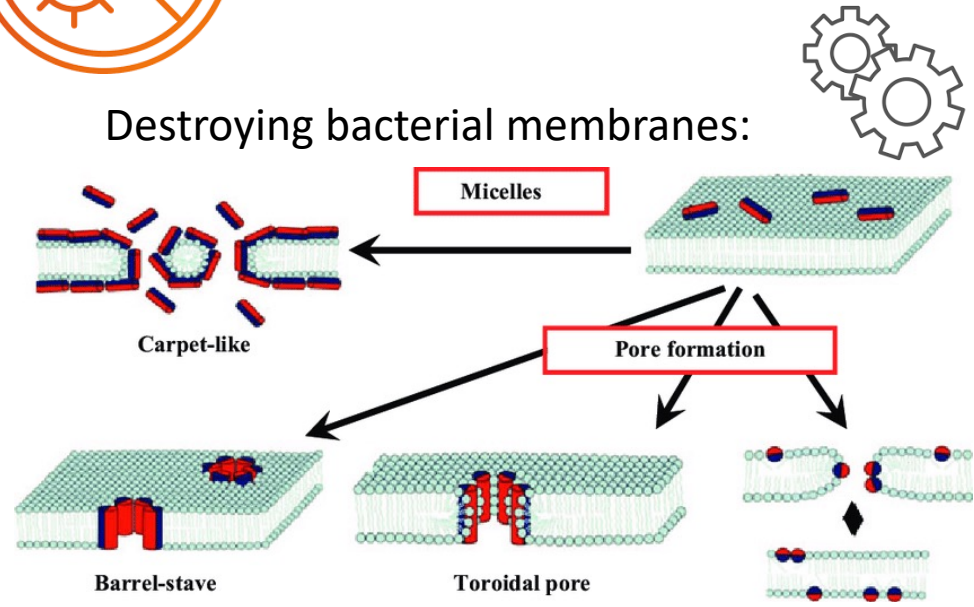






# Antimicrobial peptides

Destroying bacterial membranes:

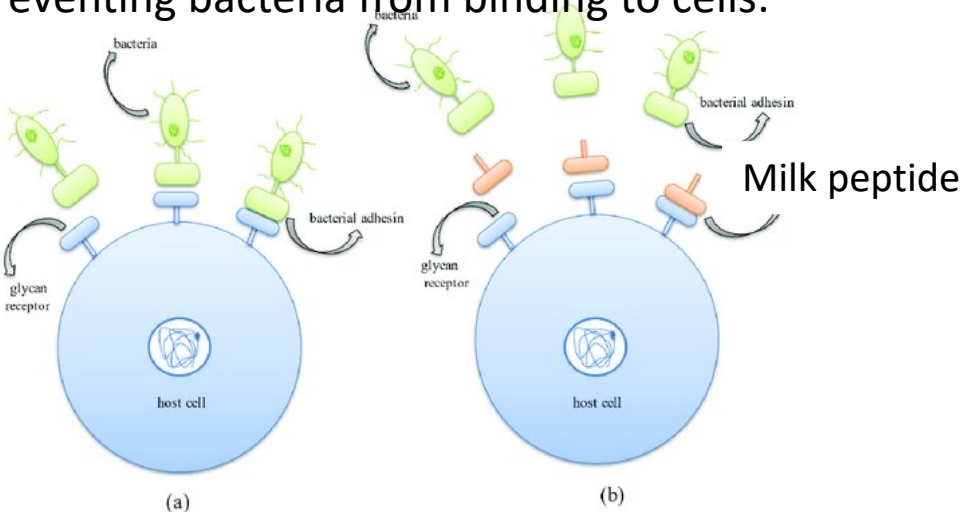


Growing need for novel antibiotics.  
Protection from infection.



186 milk peptides

Preventing bacteria from binding to cells:



Feeding kappa-casein glycomacropeptide to piglets reduced E. coli adherence to intestinal villi



Clinical studies needed!



# Antioxidant peptides



Excessive oxidation associated with cardiovascular disease, gut inflammation



Peptides scavenge free radicals or up-regulate antioxidant enzymes in cells



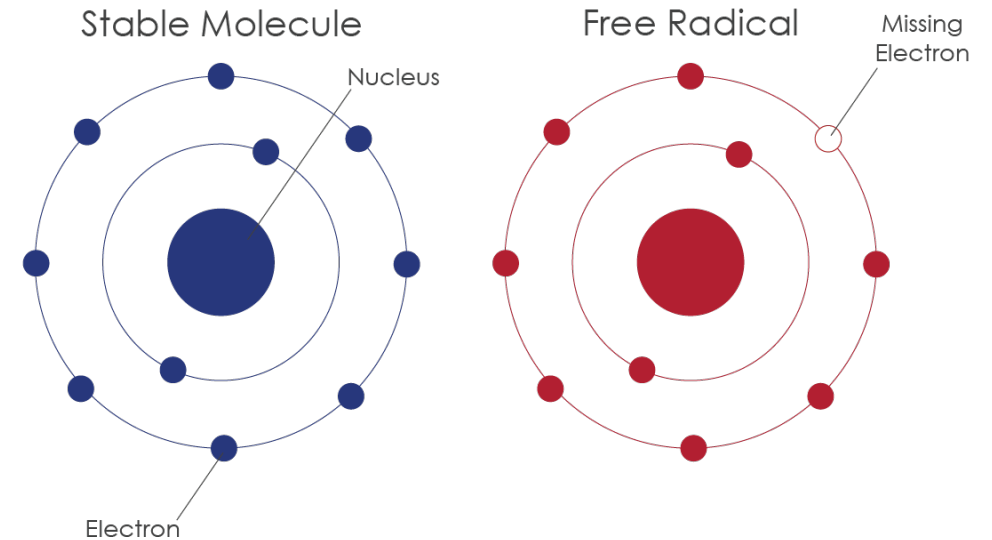
91 milk peptides can exert antioxidant activity in vitro



Some animal studies show reduction of oxidative stress



No direct evidence in humans, but whey protein supplementation shown to increase plasma antioxidant capacity.  
Need more clinical studies!





# Blood glucose control peptides



Poor blood glucose regulation is key component of type II diabetes, can damage tissues



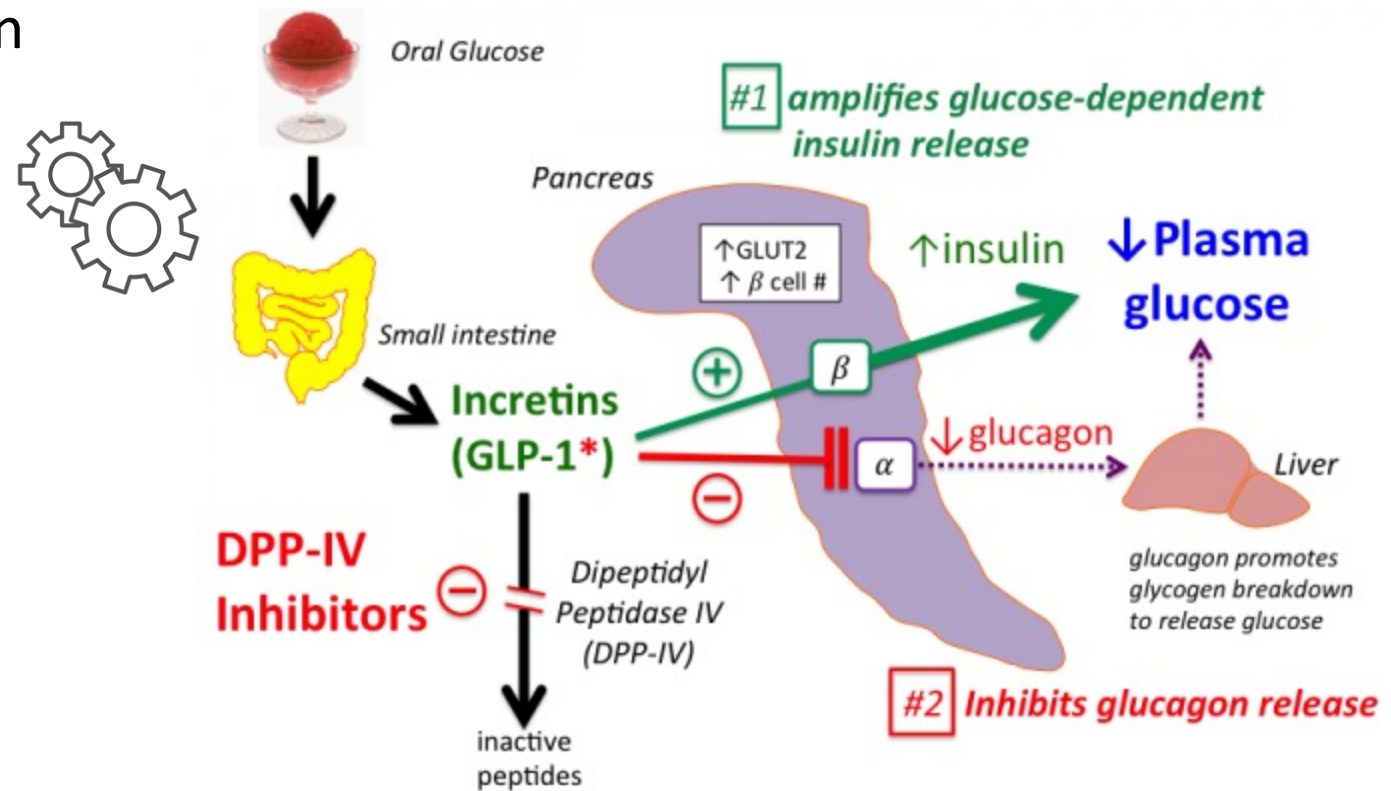
79 milk peptides inhibit dipeptidyl peptidase IV (DPP-IV)



Feeding a milk DPP-IV-inhibitory peptide to rats lowered blood glucose in response to a glucose tolerance test



Clinical studies needed!





# Immune system-regulating peptides



Underactive immune response increases risk of infection. Overactive immune response increases risk for autoimmune diseases and allergy



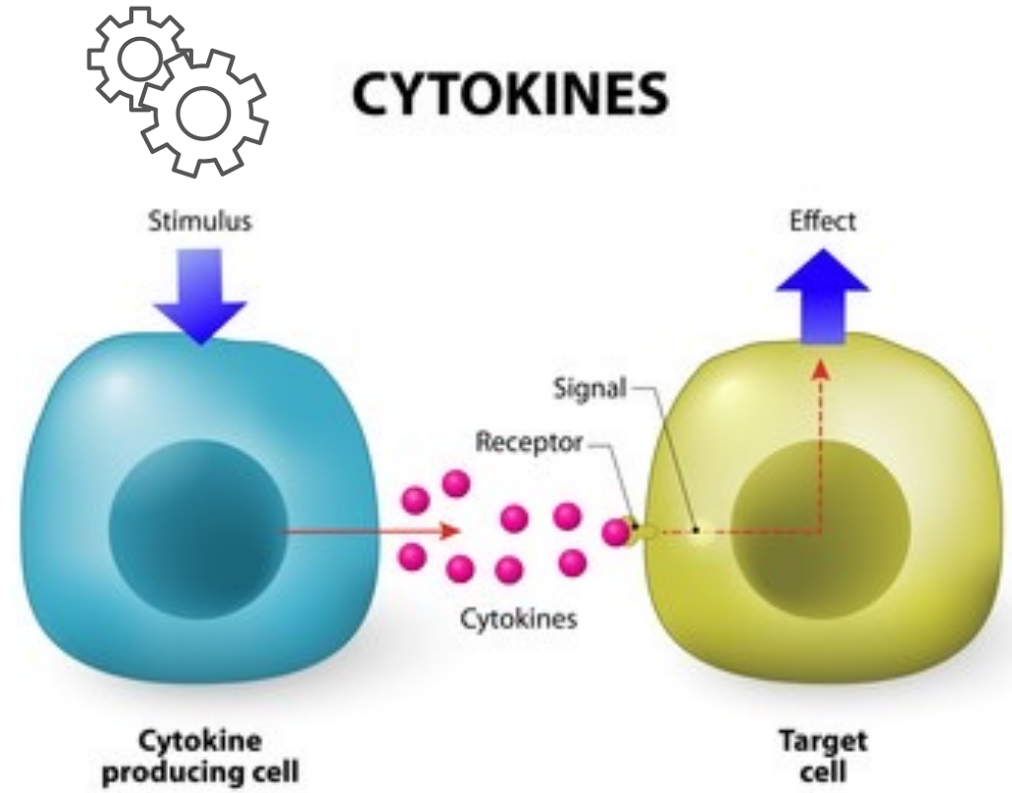
46 milk peptides modulate immune cell function



Several peptides fed to rodents inhibited inflammation



Clinical studies needed!





# Opioid peptides



Gastrointestinal transit time affects nutrient absorption and gut comfort. Mucin helps protect from infections. Analgesics are used for pain relief.



26 milk-derived opioid peptides



Indirect support that milk opioid peptides alter gastrointestinal transit time.

Opioid peptide can increase mucus secretion.  
No studies found on analgesic effect.

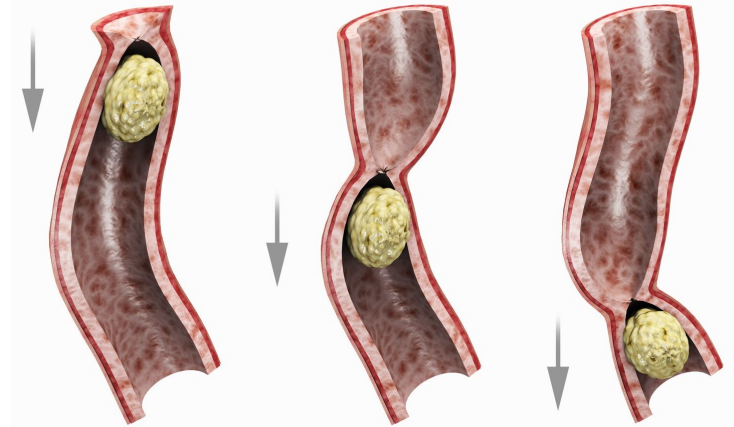


Indirect support that milk opioid peptides alter gastrointestinal transit time. Need more clinical studies!  
No clinical studies examining milk opioid peptide effects on mucin secretion  
No clinical studies found on analgesic effects.

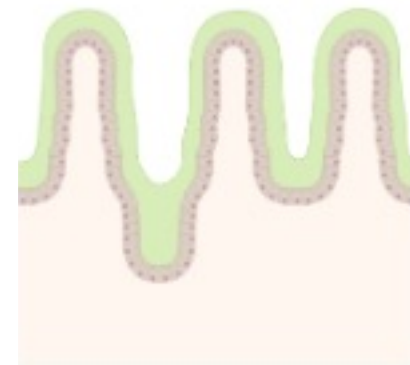


Opioid binds to opioid receptor  
In the gut, this triggers:

1. Changes in rate of gut motility



2. Mucin secretion



In the brain, could trigger pain relief



# Anti-cancer peptides



Novel treatments are needed for cancers



Varied, understudied



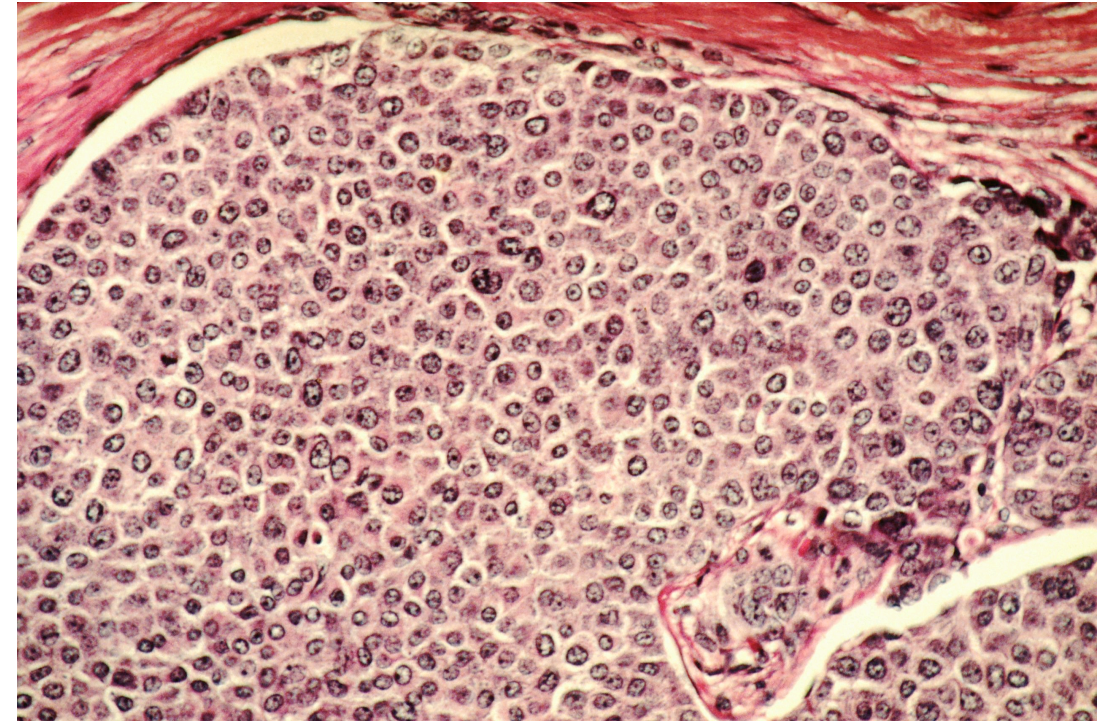
18 milk peptides have anti-cancer activity



In mice, some injected milk peptides can decrease tumor growth



Clinical studies needed



Cancer cells



# Calcium absorption peptides



Calcium supports healthy bones and teeth. Increasing calcium absorption could help prevent osteoporosis and cavities.



Phosphorylated amino acids on peptides bind to calcium ions, keeping them soluble, enhancing absorption



5 known milk calcium absorption-enhancing peptides in vitro



In mice, feeding a calcium-binding milk peptide from milk for 7 weeks increased serum calcium, femur length and femur calcium levels



Equivocal results from using milk calcium phosphopeptides for teeth remineralization and cavity protection in humans

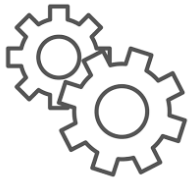
No clinical studies evaluating the impact of milk peptides on bone growth or structure



# Prebiotic peptides



Enhancing the growth of beneficial bacteria in the gut improve gut health



Likely: chains of sugar (glycosylation) attached to peptides feed these bacteria (which have specific enzymes to break them down)



3 milk peptides known to promote growth of commensal bacteria in vitro



No direct animal studies



Clinical studies needed



Bifidobacteria



# Summary and next steps

- Large array of bioactive peptides in milk that may help improve human health
- Opportunities for product development and marketing
- Need research:
  - Determine where peptides survive to and their bioactive potential
  - Animal and clinical testing
- Further research can help enhance perceived value of milk products and enhance consumer health



# Acknowledgements

## Collaborators Related to Presentation

### **Oregon State University**

#### *Current members*

#### *Research staff*

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Russell Kuhfeld

Yunyao Qu

#### *Research Associates*

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Ningjian Liang

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#### *Post-docs*

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Suwimon Sutantawong

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Caleb Mark

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### **OHSU**

Brian Scottoline

### **Northwest Mother's Milk Bank**

## Questions?

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[www.dallaslab.org](http://www.dallaslab.org)

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