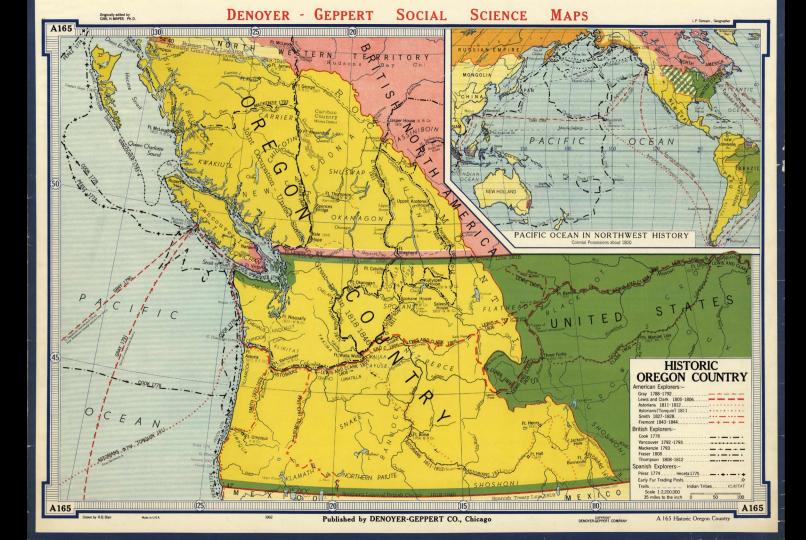
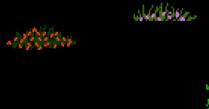


Press SPACE BAR to continue





Wild Foods in a Rich Land







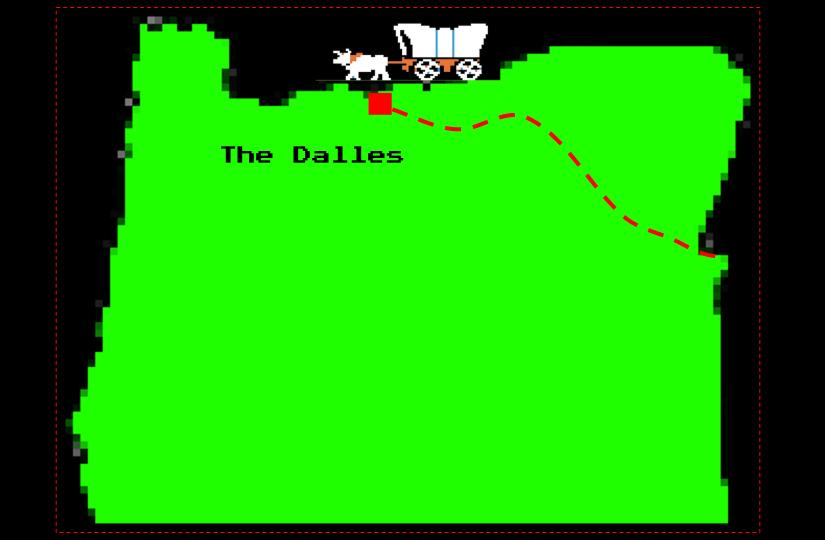


- Fish & game
- Wild mushrooms
- Wild berries











The Columbia River Watershed Press SPACE BAR to continue

Salmon



First Salmon Ceremony

Salmon

- Sacred to Native Americans
- Early cannery economy
- Still regionally significant

Celilo Falls, 1940s



Fish and Spinach Under Glass

Prepare and cook spinach as for a vegetable. Take 1 fillet of sole to a person. Roll with large oyster inside, and pin together with toothpick. Cook in clam or oyster juice for a very few minutes. Have rich cream sauce prepared, and when fish is done put a serving of spinach on individual plate, put fillet on top, cover with cream sauce, and a little grated cheese. Cover with a glass top and put in oven until very hot.

Gefullte Fish

3	pounds salmon	
1	pound halibut	
1	tablespoon salt	
2	tablespoons sugar	
1	teaspoon pepper	

1 onion 3 matzos or 2 slices of bread 3 eggs ½ cup water ¼ teaspoon cinnamon

Wash, bone and skin halibut and salmon, put them through grinder with onion. Add matzos which have been broken into small pieces and soaked in water to cover, and drained. Then add salt, pepper, sugar, cinnamon, water and eggs. Chop mixture well with chopping knife. Moisten hands in cold water. Roll fish into balls. Drop into pan of salt water to which 2 slices onion, 3 stalks of celery, and 1 carrot have been added; cook $\frac{1}{2}$ hour.

Baked Haddock, Oyster Stuffing

Remove skin, head and tail from a 4-pound haddock. Bone, keeping fillets in shape. Sprinkle with salt and brush over with lemon juice. Lay one fillet in a baking pan, cover with oysters dipped in buttered cracker crumbs and cover with oysters

Salmon in Early Portland

• Included in oldest recipes

 Adapted into diets

Neighborhood Cook Book (Third Ed.), 1932



Salmon Struggles

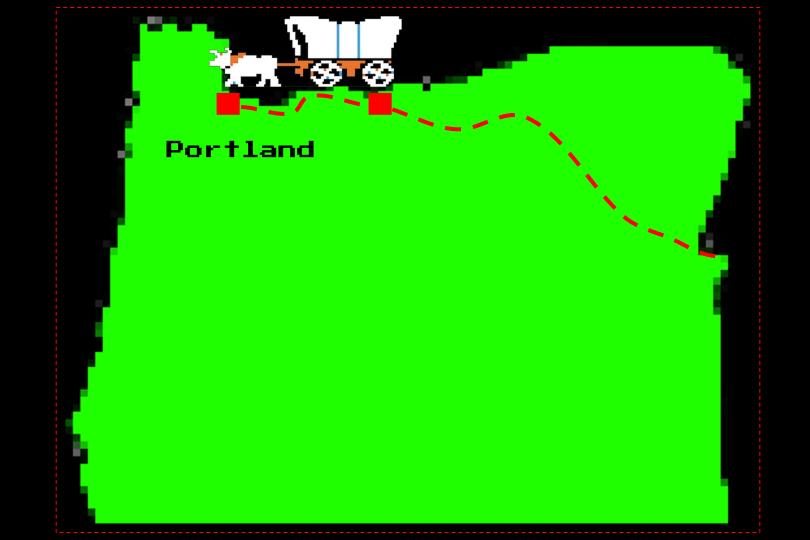
- 18 species federally protected
- Decline due to dams and habitat loss

June Hogs on the Columbia, 1914



Salmon Today

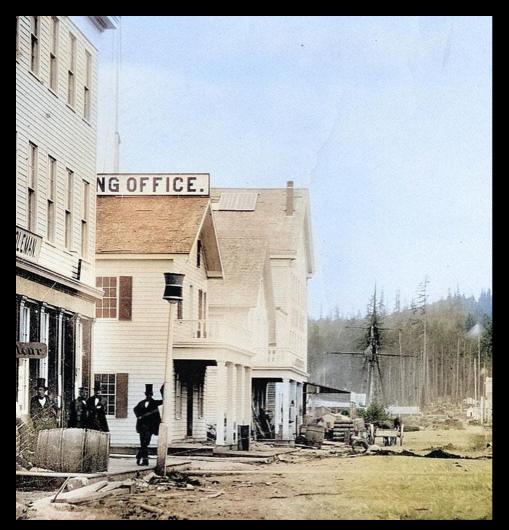
- Chinook
 Salmon is
 the Oregon
 State Fish
- Oregon's Wild Salmon Fleet is a Sustainable Industry





Stumptown

Press SPACE BAR to continue



Portland, Oregon

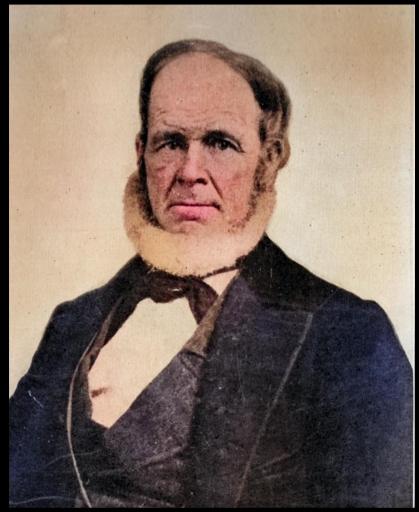
- Muddy village
- Roughnecks abound
- Not suitable for families
- Liquor abundant

FRUIT



Henderson Luelling's Travelling Orchard





Doomed Tiger Island Sex Cult!

THE EMIGRANT FREE LOVERS.

A band of Free Lovers departed some time since from San Francisco, in the schooner Santiago, with a view to settle in some portion of Mexico, where they could practice and live up to their peculiar doctrines without hindrance. The following from the San Francisco *Times*, gathered from the crew of the Santiago, which has returned to San Francisco, will show how the new colony has progressed :

The schooner Santiago, which had been purchased and fitted out by the Free Lovers, or rather by Lewelling, the chief man among them, left San Francisco on or about the 5th of October last, having on board, besides the captain and crew, a company of ten men, five women and six or seven children, who were intended to be pioneers of a colony of the Harmonial Brotherhood in the State of Honduras. There





Berries

- Native strawberries, blackberries, huckleberries
- Wild species provide basis for breeding
- Oregon a world leader in berry science

Strawberries

- Wild berries on the coast and mountains
- Japanese growers in Portland, 1880s
- Breeding at OSU since 1910s
- Most fruit frozen or processed





Caneberries

- Blackberry, raspberries, and more
- European native "Evergreen" blackberry was brought to the state in mid 1800s
- Introduced in the 1950s, Marionberries are "born and raised" in Oregon

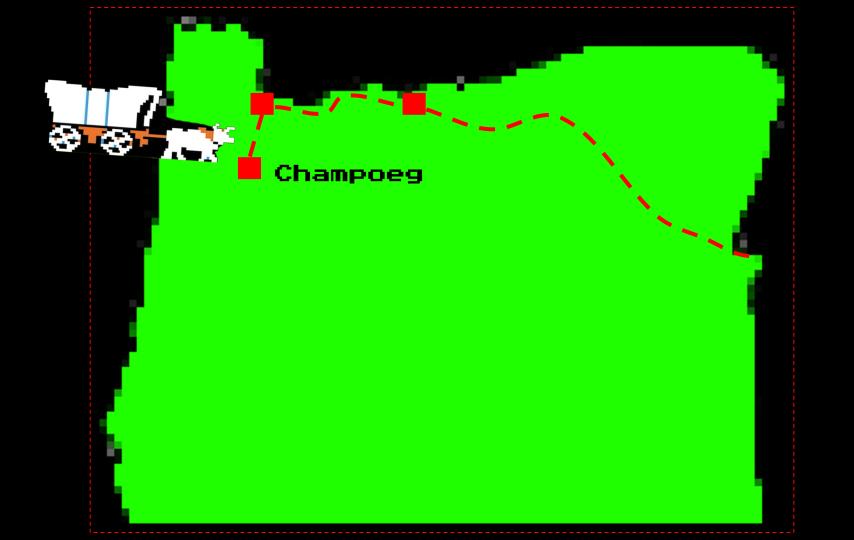
Yesterday

Today

Raspberries & Blackberries Today

- Production volume: 30-50 million pounds per year
- Grown on more than 200 family farms
- Marionberry Pie is the official state pie of Oregon!





Dairy Products



- Emigrants
 brought cattle,
 sheep and goats
 with them on
 Oregon Trail
- Cattle served as both transportation and food
- Few animals survived the arduous journey



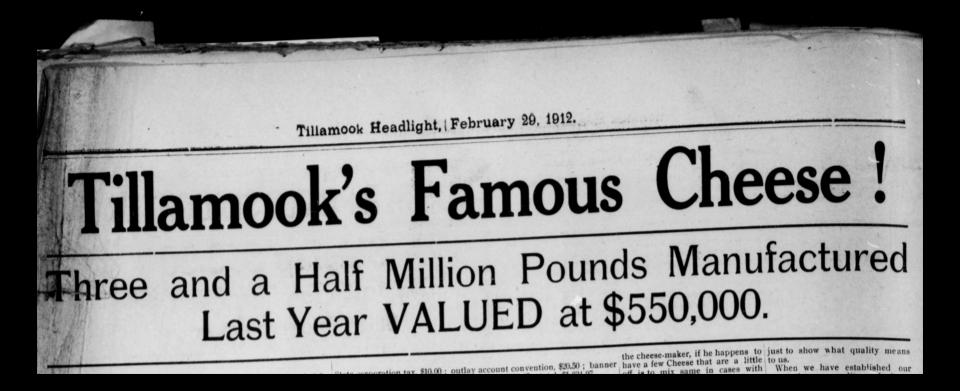
COTTAGE (DUTCH) CHEESE.

Take a crockful of clabbered milk, and set it on the stove to heat a little; when the whey and clabber separate, pour it into a jelly-bag, and hang it up where it will drain until dry; season with salt, a piece of butter or rich cream; use pepper if desired; mix with the hand, and make into small balls, or if much cream is used, serve in a dish. Mrs. N. A. McDonald, Sago, Ohio.

Cheese



- OSU Prof. Frederick L. Kent surveys the state's growing dairy industry by bicycle in the summer of 1900
- Records 71 butter and cheese factories
- Estimates 1 million pounds dairy products produced in the state

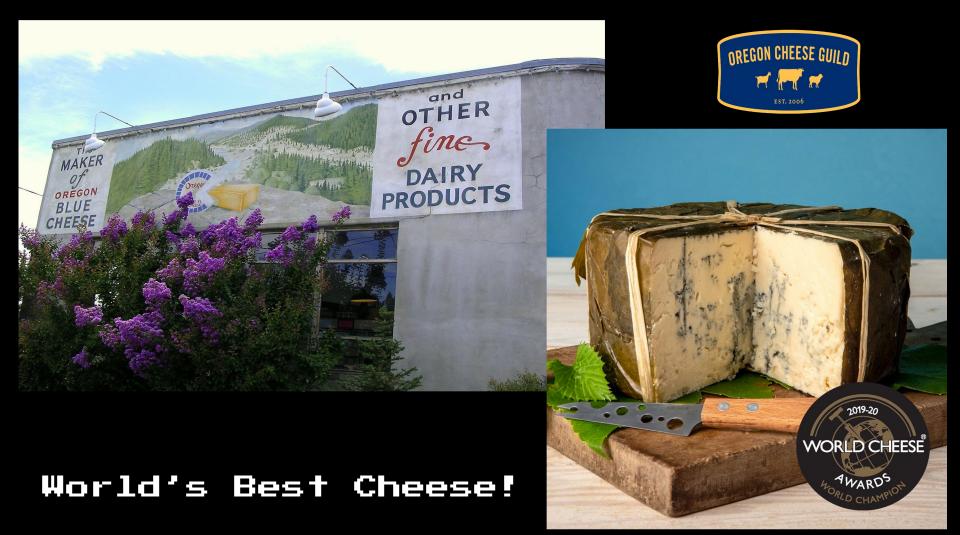






CE Dairy Dynamited ING And Trucks Held Up RAFT Portland Milk War

Found urday took on more than usual significance during the day Honest with reports of depredations in several quarters.





Oregon Dairy Today

- 2.6 billion pounds cow's milk produced in 2021
- Thriving artisan cheese makers supported by Oregon Cheese Guild
- Tillamook, the state's largest cheese producer, makes over 60 million lbs/yr





. Oregon farms produce high quality milk

 Food safety is a top priority in the state

 Plans in motion to further reduce count levels related to quality

Dairy and the Environment

- As of 2007, producing a gallon of milk vs 1944:
 - used 90% less
 land
 - used 65% less
 water
 - generated 63%
 smaller carbon
 footprint
- By 2050: the industry aims to be GHG neutral



US Dairy Sustainability <u>Award Winners</u>



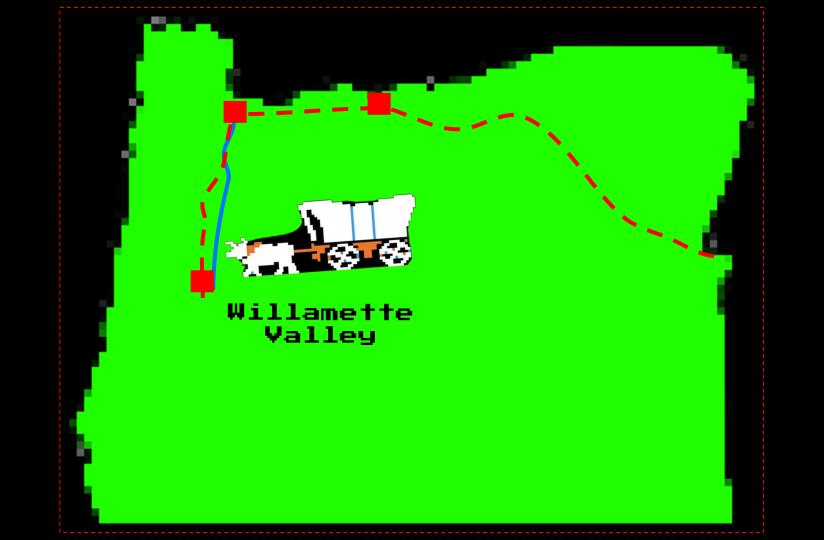






- Milk is the official state beverage of Oregon!
- Oregon dairy brands can be found nationally and in select international markets







The Willamette Valley

Press S to stop



Hazelnuts aka Filberts

 Native species already here

- French grower in California saw potential in Oregon
- Grown in Willamette Valley
- Official state nut in 1989

Luther Chapin, Oregon's First Extension Agent



Dorris Ranch Springfield, Oregon



First Commercial Hazelnut Orchard in the US

Hazelnuts Abound

- Oregon produces 99% of American crop
- Hazelnut beer and other products are popular throughout the region



Hazelnuts Today

- Top Growing Regions in the World
- Over 1,000 Oregon Family Farms
- Tripled production since 2011



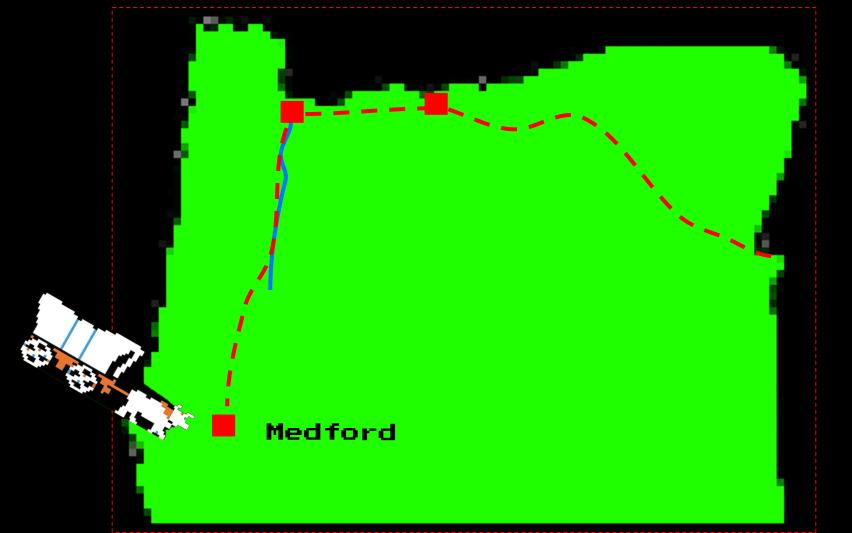




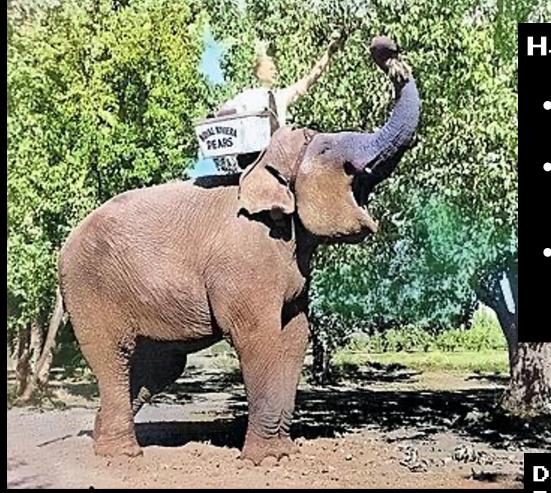
Table Rocks

Press SPACE BAR to continue

Pears

- Saplings brought by Luelling
- Eden Valley Orchard in 1885 started Medford boom
- Grown in Southern Oregon and Columbia River Gorge





Harry and David

- Cornell-educated ag bros
- Started with pears in Medford, 1914
- One of America's oldest mailorder companies

David Holmes picking pears on an elephant

Pear Brandy

- Clear Creek
 Distillery
- Produced in Hood River
- 20 lbs pears per bottle
- One of America's oldest craft distilleries



Pears Today

- Oregon is the #2 growing region for pears after Washington State
- Most pears are grown in Hood River County and Jackson County
- Pears are hand picked
- Pears are the official state fruit of Oregon



The End of The Oregon Trail

- methodshop.com

On behalf of



Thank you for your support!

